

For information on becoming a Truck Driver, heavy, see [Sources of additional information](#) within this brochure.

For information on youth employment opportunities, contact a career counselor at your high school or employment counselor or job and information center coordinator at your local NH Employment Security Office.

**Berlin (752-5500)**

[151 Pleasant St., PO Box 159, 03570-0159](#)

**Claremont (543-3111)**

[404 Washington St., PO Box 180, 03743-0180](#)

**Concord (228-4100)**

[10 West St., PO Box 1140, 03302 - 1140](#)

**Conway (447-5924)**

[518 White Mountain Highway, 03818-4205](#)

**Keene (352-1904)**

[109 Key Rd., 03431-3926](#)

**Laconia (524-3960)**

[426 Union Ave., PO Box 760, 03246-2894](#)

**Lebanon (448-6340)**

[85 Mechanic St., Ste.4, 03766-1506](#)

**Littleton (444-2971)**

[646 Union St., Ste.100, 03561-5314](#)

**Manchester (627-7841)**

[300 Hanover St., 03104-4957](#)

**Nashua (882-5177)**

[6 Townsend St., 03060-3285](#)

**Portsmouth (436-3702)**

[2000 Lafayette Rd., 03801-5673](#)

**Salem (893-9185)**

[29 South Broadway, 03029-3026](#)

**Somersworth (742-3600)**

[243 Rt.108, 03878-1512](#)

SO, You want  
to be a...



Transportation, Distribution & Logistics

Truck Driver,  
heavy



New Hampshire

Here are  
a few things  
you should know.



You'll want to know a few things about this career.

Avg Hrly Wage:

\$15.81

Expected

Growth Rate\*:

21%

Avg Annual

Openings: 283

Age: 18

(within state)

21 (across state

lines)(OOH)

Training/Educ

Needed: On-the-job training, Apprenticeship, or Military

Check with Profes-

sional Truck Driver Institute of America for certified training programs available. 16wk certificate program available at NH Comm Tech College-Berlin.

[www.nhes.state.nh.us](http://www.nhes.state.nh.us), (NHetwork)

Basic Skills:

Reading, writing, math.

Job Skills:

Communication, customer service(OOH), physical fitness, mechanical skills a plus.(Also: Operation & control, equip maintenance, reading comprehension, writing, operation monitoring, math, time management.)

[www.onetcenter.org](http://www.onetcenter.org)

SO, You want to be a...



Every product used by American consumers travels by truck at least part of its life. (PTDI)

#### TASKS

1. Drives truck with capacity of more than 3 tons to transport and deliver cargo, materials, or damaged vehicle.
2. Maintains radio or telephone contact with base to receive instructions or be dispatched to new location.
3. Maintains truck log according to state and federal regulations.
4. Keeps record of materials and products transported.
5. Positions blocks and ties rope around items to secure cargo for transport.
6. Cleans, inspects, and services vehicle.
7. Operates equipment on vehicle to load, unload, or disperse cargo or materials.
8. Obtains customer signature or collects payment for goods delivered and delivery charges.
9. Assists in loading and unloading truck manually.

[www.onetcenter.org](http://www.onetcenter.org)

Interests(Holland Code): RCE

(Realistic, Conventional, Enterprising)

Interest Area:

Transportation

License: Commercial Driver's License (CDL)

required for most jobs.

Working Condi-

tions: Improvements in vehicles have made the work environment more comfortable although it can be tiring, dirty, noisy, and require loading/unloading.

Weather and traffic conditions can vary.

Avg Work Week: 40.5hrs for workers in Trucking & Warehousing. Eight percent of truck drivers operate their own business. (according to BLS Occupational Guide to Industries)

Sources of additional info: NH Employment Security (Contact office nearest you or go online to [www.nhes.state.nh.us](http://www.nhes.state.nh.us)). Professional Truck Driver Institute, 2200 Mill Rd., Alexandria, VA 22314 ([www.ptdi.org](http://www.ptdi.org)) (Certifies truck driver training programs according to Dept of Trans standards/regulations.)

**NHCRN**  
New Hampshire Career Resource Network  
Employment Security Rick Ricker (603) 229-4489  
[www.nhes.state.nh.us/elmi/nhcrn/index.htm](http://www.nhes.state.nh.us/elmi/nhcrn/index.htm)